# Polynomial Approximation on Tetrahedrons in the Finite Element Method 

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#### Abstract

The main aim of this paper is to derive an interpolation theorem (Theorem 1) which implies both a construction of once continuously differentiable functions which are piecewise polynomial in a domain divided into tetrahedrons (Corollary 1 and Theorem 2) and convergence theorems of the finite element method for solving three-dimensional elliptic boundary value problems of the fourth order (Theorems 3 and 4).


## 1. Introduction

It is well known [1] that the simplest polynomial in one variable generating piecewise polynomial functions which are $m$-times continuously differentiable is a polynomial of degree $2 m+1$. This polynomial is uniquely determined by the function values and all derivatives up to the $m$-th order inclusive at the end-points of a segment. There exist general interpolation theorems (see, e.g., [2]) from which the convergence of the finite element method follows.

It is also known (see [3], [4]) that, in the general case, the simplest polynomial $p(x, y)$ on a triangle, generating piecewise polynomial functions which are $m$-times continuously differentiable in a triangulated domain is a polynomial of degree $4 m+1$. The conditions uniquely determining it are of such a form that considering $p(x, y)$ along the side $P_{i} P_{j}$ of the triangle, i.e., setting

$$
x=x_{i}+\left(x_{j}-x_{i}\right) s, \quad y=y_{i}+\left(y_{j}-y_{i}\right) s, \quad 0 \leqslant s \leqslant 1
$$

we obtain a polynomial $p(s)$ of degree $4 m+1$ determined in such a way that it generates, as a polynomial in one variable $s$, $2 m$-times continuously differentiable functions.

Extrapolating this fact to the case of three variables it may be expected that the simplest polynomial $p(x, y, z)$ on the tetrahedron generating piecewise polynomial functions which are $m$-times continuously differentiable should be of such a degree and determined by such conditions that considering it on the triangular face $P_{i} P_{j} P_{k}$ of the tetrahedron we obtain a polynomial $p(s, t)$ which generates, as a polynomial in two variables $s, t, 2 m$-times continuously differentiable functions. Thus the degree of such a polynomial should be $8 m+1$.

The case $m=0$ is trivial. As to $m=1$ and $m=2$ the expectation was confirmed to be true (see [5]). Attempts to do this in the general case have not yet been successful.

The aim of this paper is to derive an interpolation theorem for the polynomial of the ninth degree (Theorem 1 and Corollary 1) and using it to prove the convergence theorems of the finite element method for solving three-dimensional variational problems of the second order which are equivalent to elliptic boundary value problems of the fourth order. The method of the proof of Theorem 1 is a modification of the method which was developed in the case of two variables in [6] and then generalized in [3].

## 2. Notation

A given closed tetrahedron will be denoted by $\bar{U}$, its interior by $U$. The vertices and the center of gravity of $\bar{U}$ will be denoted by $P_{i}(i=1, \ldots, 4)$ and $P_{0}$, respectively. The centers of gravity of the triangular faces $P_{2} P_{3} P_{4}$, $P_{1} P_{3} P_{4}, P_{1} P_{2} P_{4}$, and $P_{1} P_{2} P_{3}$ are denoted by $Q_{1}, Q_{2}, Q_{3}$, and $Q_{4}$, respectively. The symbols $Q_{j k}^{(1, s)}, \ldots, Q_{j k}^{(s, s)}$ denote the points dividing the segment $\left\langle P_{j} P_{k}\right\rangle$ into $s+1$ equal parts.

The symbols $s_{i k}, t_{j k}$ mean two arbitrary but fixed directions such that the directions $P_{j} P_{k}, s_{j k}, t_{j k}$ are perpendicular to one another.

The symbol $n_{i}$ denotes the normal to the triangular face the center of gravity of which is the point $Q_{i}$. We orientate $n_{i}$ according to the right-hand screw rule with respect to the increasing indices $j<k<l$ of the vertices $P_{j}$, $P_{k}, P_{l}$ of the face. The symbols $s_{i}$ and $t_{i}$ mean two arbitrary but fixed directions such that $n_{i}, s_{i}, t_{i}$ are perpendicular to one another.

Let $P_{j}, P_{k}$ be two vertices of the triangular face the center of gravity of which is the point $Q_{i}$. The symbol $\nu_{i j k}$ denotes the direction perpendicular to the directions $n_{i}$ and $P_{j} P_{k}$.

Let $f$ be a function of the variables $x, y, z$ and $\alpha_{1} \geqslant 0, \alpha_{2} \geqslant 0, \alpha_{3} \geqslant 0$ three arbitrary integers. Setting

$$
\alpha=\left(\alpha_{1}, \alpha_{2}, \alpha_{3}\right), \quad|\alpha|=\alpha_{1}+\alpha_{2}+\alpha_{3}
$$

the operator $D^{\alpha}$ is defined by

$$
D^{\alpha} f=\partial^{|\alpha|} f / \partial x^{\alpha_{1}} \partial y^{\alpha_{2}} \partial z^{\alpha_{3}} .
$$

Similarly, if $g$ is a function of the variables $\xi, \eta, \zeta$ then

$$
D^{\alpha} g=\partial^{|\alpha|} g / \partial \xi^{\alpha_{1}} \partial \eta^{\alpha_{2}} \partial \zeta^{\alpha_{3}}
$$

Let $\beta_{1} \geqslant 0, \beta_{2} \geqslant 0$ be two arbitrary integers. Setting

$$
\beta=\left(\beta_{1}, \beta_{2}\right), \quad|\beta|=\beta_{1}+\beta_{2},
$$

the operators $D_{i}{ }^{\beta}$ and $D_{j k}^{\beta}$ are defined by

$$
D_{i}^{\beta} f=\partial^{|\beta|} f / \partial s_{i}^{\beta_{1}} \partial t_{i}^{\beta_{2}}, \quad D_{j k}^{\beta} f=\partial^{|\beta|} f / \partial s_{j k}^{\beta_{1}} \partial t_{j k}^{\beta_{2}}
$$

where $\partial f / \partial s_{i}, \partial f / \partial t_{i}, \partial f / \partial s_{j k}$, and $\partial f / \partial t_{j k}$ denote the derivatives of the function $f$ in the directions $s_{i}, t_{i}, s_{j k}$, and $t_{j k}$, respectively. Further, if $\varphi$ is a function of two variables $\xi, \eta$ we define

$$
D^{\beta} \varphi=\partial^{|\beta|} \varphi / \partial \xi^{\beta_{1}} \partial \eta^{\beta_{2}}
$$

The symbols $\partial f / \partial n_{i}$ and $\partial f / \partial \nu_{i j k}$ denote the derivatives of the function $f$ in the directions $n_{i}$ and $\nu_{i j k}$, respectively.

## 3. Interpolation Theorem

Theorem 1. Let the function $w(x, y, z)$ be continuous on a closed tetrahedron $\bar{U}$ and have bounded derivatives of the tenth order in the interior $U$ of $\bar{U}$ :

$$
\begin{equation*}
\left|D^{\alpha} w(x, y, z)\right| \leqslant M_{10}, \quad|\alpha|=10, \quad(x, y, z) \in U \tag{1}
\end{equation*}
$$

Let

$$
\begin{align*}
D^{\alpha} w\left(P_{i}\right) & =0, & & |\alpha| \leqslant 4 ;  \tag{2}\\
D_{j k}^{\beta} w\left(Q_{j k}^{(r, s)}\right) & =0, & & |\beta|=s, \quad r=1, \ldots, s ; \quad s=1,2 ;  \tag{3}\\
w\left(Q_{i}\right) & =0 ; & &  \tag{4}\\
D_{i}{ }^{\beta}\left(\partial w\left(Q_{i}\right) / \partial n_{i}\right)=0, & & |\beta| \leqslant 2 ; & \tag{5}
\end{align*}
$$

where $i=1, \ldots, 4, j=1,2,3, k=2,3,4(j<k)$. Then it holds on $\bar{U}$

$$
\begin{equation*}
\left|D^{\alpha} w(x, y, z)\right| \leqslant \frac{K}{q^{|\alpha|} V^{|\alpha|+1}} M_{10} h^{10-|\alpha|}, \quad|\alpha| \leqslant 8 \tag{7}
\end{equation*}
$$

where $h$ is the length of the largest edge of the tetrahedron $\bar{U}$ and $K$ is a constant independent on $\bar{U}$ and on $w(x, y, z)$. The constant $V$ is defined by

$$
\begin{equation*}
V=\min \left(V_{1}, \ldots, V_{4}\right), \tag{8}
\end{equation*}
$$

$V_{i}$ being the volume of the unit parallelepiped having edges parallel to the edges of $\bar{U}$ which intersect at the vertex $P_{i}$. The quotient $q$ is defined by

$$
\begin{equation*}
q=\max _{i=1, \ldots, 4} \min \left(a_{i} / h, b_{i} / h, c_{i} / h\right) \tag{9}
\end{equation*}
$$

$a_{i}, b_{i}$ and $c_{i}$ being the lengths of the edges having the vertex $P_{i}$ as a common point.

The interpolation character of Theorem 1, which will be proved in Section 4, follows from the following.

Corollary 1. A polynomial of the ninth degree

$$
\begin{equation*}
p(x, y, z)=a_{1}+a_{2} x+a_{3} y+a_{4} z+\cdots+a_{220} z^{9} \tag{10}
\end{equation*}
$$

is uniquely determined by the conditions (2)-(6) where

$$
\begin{equation*}
w(x, y, z)=p(x, y, z)-f(x, y, z) \tag{11}
\end{equation*}
$$

$f(x, y, z)$ being a function four-times continuously differentiable on the tetrahedron $\bar{U}$. Further, if the function $f(x, y, z)$ has bounded derivatives of the tenth order in the interior $U$ of $\vec{U}$,

$$
\left|D^{\alpha} f(x, y, z)\right| \leqslant M_{10}, \quad|\alpha|=10, \quad(x, y, z) \in U
$$

then the difference (11) satisfies the inequality (7).
Proof. The number of the conditions (2)-(6) is equal to 220 . (The numbers of the conditions (2), (3), (4), (5), and (6) are equal to $140,48,4,24$, and 4 , respectively.) If $w(x, y, z)$ is of the form (11) then the conditions (2)-(6) form a system of 220 linear equations for the 220 unknown coefficients $a_{1}, \ldots, a_{220}$. It is sufficient to prove that the determinant of this system is different from zero.

Let us assume that the function $w(x, y, z)=p(x, y, z)$ satisfies the conditions (2)-(6). As, according to Eq. (10),

$$
D^{\alpha} p(x, y, z) \equiv 0, \quad|\alpha|=10
$$

it follows from Theorem 1 that $p(x, y, z) \equiv 0$. The inverse implication is trivial. Corollary 1 is proved.

Remark. The estimates for derivatives in (7) depend on the geometry of the tetrahedron. It is natural to ask whether this dependence is essential or a mere consequence of the used method of proving. An analogous situation exists in case of interpolation polynomials on the triangle (see $[3,4,6]$ or Lemma 3). Though this problem has not yet been generally solved the following is worth mentioning.

1. The quantity $V$ is a three-dimensional analogy of $\sin \omega, \omega$ being the smallest angle of a given triangle, because $\sin \omega$ is the measure of the unit rhombus having sides parallel to the sides making the angle $\omega$.
2. In the two-dimensional case the estimates for derivatives depend just on $\sin \omega$ because $1 / q<2$. In the three-dimensional case the quantity $1 / q$ is unbounded. (It suffices to consider the tetrahedron with vertices $P_{1}(0,0,0)$, $P_{2}(1,0,0), P_{3}(0, \epsilon, 0)$, and $P_{4}(1,0, \epsilon)$.)
3. Ciarlet and Wagschal [7] derived by means of multipoint Taylor formulas the following estimates for the first derivatives in case of interpolation polynomials of the first, second, and third degree on $n$-dimensional simplexes:

$$
\left|\left(\partial \varphi / \partial x_{i}\right)-\left(\partial p_{r} / \partial x_{i}\right)\right| \leqslant C_{r} M_{r+1}\left(h^{r+1} / h^{\prime}\right) \quad(i=1, \ldots, n ; r=1,2,3)
$$

$p_{r}\left(x_{1}, \ldots, x_{n}\right)$ being the interpolation polynomial of the $r$-th degree of the function $\varphi\left(x_{1}, \ldots, x_{n}\right) . C_{r}$ is a constant independent on the simplex and on the function $\varphi\left(x_{1}, \ldots, x_{n}\right), M_{r+1}$ is the bound of the derivatives of the order $r+1$ of the function $\varphi\left(x_{1}, \ldots, x_{n}\right), h$ is the length of the largest edge of the simplex and $h^{\prime}$ the diameter of the inscribed sphere of the simplex.
4. Let us consider the tetrahedron with vertices $P_{1}\left(-h / 2,-k_{1} h, 0\right)$, $P_{2}\left(h / 2,-k_{1} h, 0\right), P_{3}\left(0, k_{2} h, 0\right)$ and $P_{4}\left(0,0, z_{0}\right)$ where $h, k_{1}, k_{2}, z_{0}$ are positive numbers satisfying

$$
k_{1}+k_{2} \leqslant 3^{1 / 2} / 2, \quad z_{0} \leqslant h \min \left(\left((3 / 4)-k_{1}^{2}\right)^{1 / 2},\left(1-k_{2}^{2}\right)^{1 / 2}\right)
$$

Under these conditions $h$ is the length of the largest edge of the tetrahedron $P_{1} P_{2} P_{3} P_{4}$.

The second derivatives of the function

$$
f(x, y, z)=h^{2} z+4 x^{2}+k_{2}^{-1}\left(k_{1}+k_{2}\right)^{-1} y\left(y+k_{1} h\right)-h^{2}
$$

are bounded, $M_{2}=\max \left(8,2 k_{2}^{-1}\left(k_{1}+k_{2}\right)^{-1}\right)$, and the interpolation polynomial of the first degree of the function $f$ reads:

$$
p_{1}(x, y, z)=h^{2}\left(1-z_{0}^{-1}\right) z
$$

It holds

$$
\left|(\partial f / \partial z)-\left(\partial p_{1} / \partial z\right)\right|=h^{2} / z_{0}
$$

If $z_{0} \rightarrow 0+$ then both $V$ and $h^{\prime}$ tend to zero and

$$
\left|(\partial f \mid \partial z)-\left(\partial p_{1} / \partial z\right)\right| \rightarrow \infty
$$

The example introduced proves in case of interpolation polynomials of the first degree that the estimates for derivatives are dependent on the geometry of the tetrahedron.

## 4. Some Lemmas and Proof of Theorem 1

Lemma 1. Let $g(s)$ be a function of a real parameter $s \in[0, l]$, continuous on $[0, l]$ and having a bounded derivative of the order $n+1$ in $(0, l)$,

$$
\left|g^{(n+1)}(s)\right| \leqslant K_{n+1}, \quad s \in(0, l)
$$

Let

$$
\begin{gathered}
s_{0}=0<s_{1}<s_{2}<\cdots<s_{r}=l \\
\left|g^{(k)}\left(s_{i}\right)\right| \leqslant \eta_{i}^{(k)} \quad\left(k=0, \ldots, \alpha_{i}-1 ; i=0, \ldots, r\right)
\end{gathered}
$$

where $\eta_{i}^{(k)}$ are constants and $\alpha_{i}$ given integers satisfying

$$
\alpha_{0}+\alpha_{1}+\cdots+\alpha_{r}=n+1, \quad \alpha_{i} \geqslant 1 .
$$

Further, let

$$
\eta=\max _{i=0, \ldots, r}\left(\max _{k=0, \ldots, \alpha_{i}-1} l^{k} \eta_{i}^{(k)}\right)
$$

Then

$$
\left|g^{(j)}(s)\right| \leqslant C_{2 j+1} l^{-j} \eta+C_{2 j+2} K_{n+1} I^{n+1-j}, \quad s \in(0, l)
$$

where $j=0,1, \ldots, n-1 . C_{1}, C_{2}, \ldots, C_{2 n}$ are constants independent on the function $g(s)$ and on the interval $[0, l]$.

Lemma 2. Let

$$
\left|\partial^{n} f(P) / \partial s_{1}^{i_{1}} \cdots \partial s_{m}^{i_{m}}\right| \leqslant M, \quad i_{1}+\cdots+i_{m}=n
$$

$P$ being a point in the space $x, y, z$ and $s_{1}, \ldots, s_{m}(2 \leqslant m \leqslant 3)$ arbitrary directions perpendicular to one another. Then

$$
\left|\partial^{n} f(P) / \partial l_{1} \partial l_{2} \cdots \partial l_{n}\right| \leqslant m^{n / 2} M
$$

where $l_{1}, l_{2}, \ldots, l_{n}$ are arbitrary directions dependent on the directions $s_{1}, \ldots, s_{m}$.

Lemma 1 is proved in [3, Theorem 2]. Lemma 2 can be obtained by means of Schwarz's inequality. The following lemma is a slight modification of [3, Theorem 4], and of [8, Theorem 13].

Lemma 3. Let the function $u(\xi, \eta)$ have bounded derivatives of the order $n+1$ on the closed triangle $\bar{T}(n=8$ or 9$)$ :

$$
\left|D^{\beta} u(\xi, \eta)\right| \leqslant N_{n+1}, \quad|\beta|=n+1, \quad(\xi, \eta) \in \bar{T} .
$$

Let

$$
\left|D^{\beta} u\left(R_{i}\right)\right| \leqslant \epsilon, \quad\left|D^{\nu} u\left(R_{0}\right)\right| \leqslant \epsilon, \quad\left|\partial^{j} u\left(S_{r}^{(k)}\right) / \partial \nu^{j}\right| \leqslant \epsilon
$$

where $\partial u j \partial \nu$ is the normal derivative, $R_{i}(i=1,2,3)$ the vertices of $\bar{T}, R_{0}$ the center of gravity of $\bar{T}, S_{r}^{(k)}(r=1, \ldots, 3 k)$ the points dividing the sides of $\bar{T}$ into $k+1$ equal parts and where the indices $\beta, \gamma, j, k$ are determined in the case $n=8 b y$

$$
|\beta| \leqslant 3, \quad|\gamma| \leqslant 2, \quad j=k-1, \quad k=1,2
$$

and in the case $n=9$ by

$$
|\beta| \leqslant 4, \quad|\gamma|=0, \quad j=k=1,2 .
$$

Then it holds on $\bar{T}$

$$
\left|D^{\beta} u(\xi, \eta)\right| \leqslant \vartheta_{n}+\left(K_{n} /(\sin \omega)^{|\beta|}\right) N_{n+1} c^{n+1-|\beta|}, \quad|\beta| \leqslant n-1
$$

where $\vartheta_{n} \rightarrow 0$ if $\epsilon \rightarrow 0+; c$ is the length of the largest side of $\bar{T}, \omega$ the smallest angle of $\bar{T}$ and $K_{n}$ a constant independent on $\bar{T}$ and on $u(\xi, \eta)$.

In what follows we shall use Sobolev's spaces $W_{2}^{(k)}(\Omega)$ and $\tilde{W}_{2}^{(k)}(\Omega)$ $\Omega$ being a connected bounded domain in the space $(x, y, z) . W_{2}^{(k)}(\Omega)$ is the space of functions having generalized derivatives up to the order $k$ inclusive which belong to the space $L_{2}(\Omega)$. The norm in $W_{2}^{(k)}(\Omega)$ is defined by

$$
\|w\|_{W_{2}^{(k)}(\Omega)}^{2}=\sum_{|\alpha| \leqslant k}\left\|D^{\alpha} w\right\|_{L_{2}(\Omega)}^{2} .
$$

The space $\tilde{W}_{2}^{(k)}(\Omega)$ consists of functions which together with all generalized derivatives of the order $k$ belong to $L_{2}(\Omega)$. The norm is given by

$$
\|w\|_{W_{2}^{(x)}(\Omega)}^{2}=\|w\|_{L_{2}(\Omega)}^{2}+\sum_{|\alpha|=k}\left\|D^{\alpha} w\right\|_{L_{2}(\Omega)}^{2} .
$$

In the following considerations we shall often need Sobolev's lemma in the following special form (see [9]).

Lemma 4 (Sobolev). Let $\Omega$ be a domain starlike with respect to a sphere. Let $0 \leqslant m \leqslant k-2$ and $w \in \tilde{W}_{2}^{(k)}(\Omega)$. Then $w \in C^{(m)}(\bar{\Omega})$ and

$$
\max _{(\alpha, y, z) \in \tilde{\Omega},|\alpha| \leqslant m}\left|D^{\alpha} w(x, y, z)\right| \leqslant C\|w\|_{\tilde{W}_{2}^{(k)}(\Omega)}
$$

where the constant $C$ does not depend on $w(x, y, z)$.
Two parts of the proof of Theorem 1 will be used in the proof of Theorem 2. We formulate them, therefore, in Lemmas 5 and 6.

Lemma 5. Let the function $w(x, y, z)$ be continuous on a closed tetrahedron $\bar{U}$ and the inequality (1) hold. Let $\bar{T}_{\rho \sigma \tau}$ be the triangular face of $\bar{U}$ with vertices $P_{\rho}, P_{\sigma}, P_{\tau}(\rho<\sigma<\tau)$ and $Q_{\lambda}$ the center of gravity of $\bar{T}_{\rho \sigma \tau}$. If Eq. (2) holds for $i=\rho, \sigma, \tau, E q$. (3) holds for $j=\rho, \sigma, k=\sigma, \tau(j<k)$ and Eqs. (4), (5) hold for $i=\lambda$, then

$$
\begin{equation*}
\left|D^{\alpha} w(P)\right| \leqslant\left(K_{1} / V^{|\alpha|}\right) M_{10} h^{10-|\alpha|}, \quad|\alpha| \leqslant 1, \quad P \in \bar{T}_{\rho \sigma \tau} \tag{12}
\end{equation*}
$$

The meaning of $V$ and $h$ is the same as in Theorem 1 and $K_{1}$ is a constant independent on $\bar{U}$ and on $w(x, y, z)$.

Proof. It follows from the assumptions of Lemma 5 that the function $w(x, y, z)$ belongs to $\tilde{W}^{(10)}(U)$. Thus, according to Lemma 4, the function $w(x, y, z)$ is eight-times continuously differentiable on $\bar{U}$.

Let us construct a tetrahedron $\bar{U}^{\prime}$ with vertices $P_{\rho}{ }^{\prime}, P_{\sigma}{ }^{\prime}, P_{\tau}{ }^{\prime}, P_{\lambda}{ }^{\prime}$ lying inside $\bar{U}$. Let the faces $\bar{U}^{\prime}$ be parallel to the faces of $\bar{U}$ and lie in a distance $\delta$. Choosing $\delta$ sufficiently small it holds with respect to the assumptions of Lemma 5:

$$
\begin{align*}
&\left|D^{\alpha} w\left(P_{i}^{\prime}\right)\right| \leqslant \epsilon / 3^{|\alpha| / 2},|\alpha| \leqslant 4, i=\rho, \sigma, \tau ;  \tag{13}\\
&\left|D_{j k}^{\beta} w\left(\bar{Q}_{j k}^{(r, s)}\right)\right| \leqslant \epsilon / 2^{|\beta| / 2},|\beta|=s ; r=1, \ldots, s ; s=1,2 ; j=\rho, \sigma ; \\
& k=\sigma, \tau \quad(j<k)  \tag{14}\\
&\left|w\left(Q_{\lambda}{ }^{\prime}\right)\right| \leqslant \epsilon  \tag{15}\\
&\left|D_{\lambda}{ }^{\beta}\left(\partial w\left(Q_{\lambda}{ }^{\prime}\right) / \partial n_{\lambda}\right)\right| \leqslant \epsilon, \quad|\beta| \leqslant 2 \tag{16}
\end{align*}
$$

where $Q_{\lambda}{ }^{\prime}$ is the center of gravity of the triangle $P_{\rho}{ }^{\prime} P_{\sigma}{ }^{\prime} P_{\tau}{ }^{\prime}$ and $\bar{Q}_{j k}^{(1, s)}, \ldots, \bar{Q}_{j k}^{(s, s)}$ are the points dividing the segment $\left\langle P_{j}^{\prime} P_{k}{ }^{\prime}\right\rangle$ into $s+1$ equal parts. Using Lemma 2 we obtain from (13) and (14):

$$
\begin{align*}
\left|\partial^{|\alpha|} w\left(P_{i}^{\prime}\right) / \partial s_{\lambda}^{\alpha_{1}} \partial t_{\lambda}^{\alpha_{2}} \partial n_{\lambda}^{\alpha_{3}}\right| \leqslant \epsilon, \quad|\alpha| \leqslant 4  \tag{17}\\
\left|\partial^{s} w\left(\bar{Q}_{j k}^{(r, s)}\right) / \partial v_{\lambda j k}^{s}\right| \leqslant \epsilon, \quad r=1, \ldots, s ; \quad s=1,2 . \tag{18}
\end{align*}
$$

Let $\xi, \eta, \zeta$ be a Cartesian coordinate system the $(\xi, \eta)$-plane of which is identical with the plane determined by the points $P_{\rho}{ }^{\prime}, P_{\sigma}{ }^{\prime}, P_{\tau}{ }^{\prime}$. Let the directions of the axes $\xi, \eta$, and $\zeta$ be parallel to the directions $s_{\lambda}, t_{\lambda}$, and $n_{\lambda}$, respectively. Let

$$
\begin{align*}
& x=x(\xi, \eta, \zeta) \equiv \bar{x}+a_{11} \xi+a_{12} \eta+a_{13} \zeta \\
& y=y(\xi, \eta, \zeta) \equiv \bar{y}+a_{21} \xi+a_{22} \eta+a_{23} \zeta  \tag{19}\\
& z=z(\xi, \eta, \zeta) \equiv \bar{z}+a_{31} \xi+a_{32} \eta+a_{33} \zeta
\end{align*}
$$

be the transformation between the systems $x, y, z$ and $\xi, \eta, \zeta,(\bar{x}, \bar{y}, \bar{z})$ being the coordinates of the origin of the system $\xi, \eta, \zeta$ in the system $x, y, z$. Let us define the function

$$
\begin{equation*}
\tilde{v}(\xi, \eta, \zeta)=w(x(\xi, \eta, \zeta), y(\xi, \eta, \zeta), z(\xi, \eta, \zeta)) \tag{20}
\end{equation*}
$$

Then, according to (1), (15)-(20), and Lemma 2, it is easy to see that the functions

$$
\begin{equation*}
\varphi(\xi, \eta)=\tilde{w}(\xi, \eta, 0) \tag{21}
\end{equation*}
$$

and

$$
\begin{equation*}
\psi(\xi, \eta)=\partial \tilde{w}(\xi, \eta, 0) / \partial \zeta \tag{22}
\end{equation*}
$$

satisfy the conditions of Lemma 3 with $N_{10}=3^{5} M_{10}$ and $N_{9}=3^{5} M_{10}$, respectively. Hence, according to Lemma 3 and (21), (22), it holds for $(\xi, \eta, \zeta) \in \bar{T}_{\rho o \tau}^{\prime}$

$$
\begin{equation*}
\left|D^{\alpha} \tilde{v}(\xi, \eta, \zeta)\right| \leqslant \vartheta+\left(A M_{10} /(\sin \omega)^{|\alpha|}\right) \bar{c}^{10-|\alpha|}, \quad|\alpha| \leqslant 1 \tag{23}
\end{equation*}
$$

where $\vartheta \rightarrow 0$ if $\epsilon \rightarrow 0+$. $\bar{T}_{\rho \sigma \tau}^{\prime}$ is the triangle with vertices $P_{i}^{\prime}(i=\rho, \sigma, \tau)$, $\bar{c}$ is the length of the largest side of $\bar{T}_{\rho \sigma \tau}^{\prime}, \omega$ is the smallest angle of $\bar{T}_{\rho \sigma \tau}^{\prime}$ and $A$ is a constant independent on $\bar{T}_{\rho \sigma \tau}^{\prime}$ and on $\tilde{w}(\xi, \eta, \zeta)$. Further, it holds

$$
\sin \omega \geqslant V, \quad \lim _{\epsilon \rightarrow 0+} \bar{c}=c \leqslant h
$$

Thus, returning to the variables $x, y, z$ and letting $\epsilon \rightarrow 0+$, we obtain by means of (23) (with respect to orthogonality of the matrix of the transformation (19)) the inequality (12).

Lemma 6. Let the function $w(x, y, z)$ be continuous on a closed tetrahedron $\bar{U}$ and the inequality (1) hold. Let $P_{\rho}, P_{o}$ be two vertices of the tetrahedron $\bar{U}$. If Eq. (2) holds for $i=\rho, \sigma$ and Eq. (3) holds for $j=\rho, k=\sigma$ then

$$
\left|D^{\alpha} w(P)\right| \leqslant K_{2} M_{10} h^{10-|\alpha|}, \quad|\alpha| \leqslant 2, \quad P \in\left\langle P_{\rho} P_{\sigma}\right\rangle
$$

where $h$ is the length of the largest edge of $\bar{U}$ and $K_{2}$ is a constant independent on $\bar{U}$ and on $w(x, y, z)$.

Making use of Lemma 1 we can prove Lemma 6 in a similar way as Lemma 5.

Proof of Theorem 1. Let us choose the notation of the vertices $P_{i}\left(x_{i}, y_{i}, z_{i}\right)$ ( $i=1, \ldots, 4$ ) in such a way that

$$
\begin{equation*}
q=\min \left(a_{1} / h, b_{1} / h, c_{1} / h\right) \tag{24}
\end{equation*}
$$

$a_{1}, b_{1}$ and $c_{1}$ being the lengths of the segments $\left\langle P_{1} P_{2}\right\rangle,\left\langle P_{1} P_{3}\right\rangle$, and $\left\langle P_{1} P_{4}\right\rangle$, respectively. Let $\left(\rho_{1}, \rho_{2}, \rho_{3}\right),\left(\sigma_{1}, \sigma_{2}, \sigma_{3}\right)$, and $\left(\tau_{1}, \tau_{2}, \tau_{3}\right)$ be the unit vectors which are parallel to the directions $P_{1} P_{2}, P_{1} P_{3}$, and $P_{1} P_{4}$, respectively. Then the transformation

$$
\begin{align*}
& x=x(\xi, \eta, \zeta) \equiv x_{1}+a_{1} \rho_{1} \xi+b_{1} \sigma_{1} \eta+c_{1} \tau_{1} \zeta \\
& y=y(\xi, \eta, \zeta) \equiv y_{1}+a_{1} \rho_{2} \xi+b_{1} \sigma_{2} \eta+c_{1} \tau_{2} \zeta  \tag{25}\\
& z=z(\xi, \eta, \zeta) \equiv z_{1}+a_{1} \rho_{3} \xi+b_{1} \sigma_{3} \eta+c_{1} \tau_{3} \zeta
\end{align*}
$$

maps one-to-one the tetrahedron $\bar{U}$ on the tetrahedron $\bar{U}_{0}$ which lies in the Cartesian coordinate system $\xi, \eta, \zeta$ and has the vertices $\boldsymbol{R}_{1}(0,0,0), \boldsymbol{R}_{2}(1,0,0)$, $R_{3}(0,1,0)$, and $R_{4}(0,0,1)$. We shall distinguish between two cases: $M_{10}>0$ and $M_{10}=0$.

In the case $M_{10}>0$ let us introduce the function

$$
\begin{equation*}
v(\xi, \eta, \zeta)=M_{10}^{-1} h^{-10} w(x(\xi, \eta, \zeta), y(\xi, \eta, \zeta), z(\xi, \eta, \zeta)) \tag{26}
\end{equation*}
$$

It holds with respect to (25) and (26)

$$
\frac{\partial^{|\alpha|} v(\xi, \eta, \zeta)}{\partial \xi^{\alpha_{1}} \partial \eta^{\alpha_{2}} \partial \zeta^{\alpha_{3}}}=\frac{a_{1}^{\alpha_{1}} b_{1}^{\alpha_{2}} c_{1}^{\alpha_{3}}}{M_{10} h^{10}} \frac{\partial^{|\alpha|} w(x, y, z)}{\partial \rho^{\alpha_{1}} \partial \sigma^{\alpha_{2}} \partial \tau^{\alpha_{3}}}
$$

$\partial w / \partial \rho, \partial w / \partial \sigma$, and $\partial w / \partial \tau$ being the derivatives in the directions $P_{1} P_{2}, P_{1} P_{3}$, and $P_{1} P_{4}$, respectively. Hence, according to (1)-(6) and Lemmas 2,5 , and 6,

$$
\begin{array}{rlrl}
\left|D^{\alpha} v(\xi, \eta, \zeta)\right| & \leqslant 3^{5}, & & |\alpha|=10, \\
& (\xi, \eta, \zeta) \in U_{0} ; \\
D^{\alpha} v\left(R_{i}\right) & =0, & & |\alpha| \leqslant 4, \\
D^{\alpha} v\left(R_{0}\right) & =0, & & i=1, \ldots, 4 \\
\left|D^{\alpha} v(R)\right| & \leqslant 3^{|\alpha| / 2} K_{1} V^{-|\alpha|}, & & |\alpha| \leqslant 1 ; \\
\left|D^{\alpha} v(R)\right| \leqslant 3^{|\alpha| / 2} K_{2}, & & &  \tag{31}\\
& & & |\alpha| \leqslant 2, \\
& & (i \neq j ; i, j=1, \ldots, 4)
\end{array}
$$

where $U_{0}$ is the interior of $\bar{U}_{0}$ and $R_{0}$ the center of gravity of $\bar{U}_{0}$. The function $v(\xi, \eta, \zeta)$, being continuous on $\bar{U}_{0}$ and having bounded derivatives of the tenth order in $U_{0}$, belongs to $\tilde{W}_{2}^{(10)}\left(U_{0}\right)$. Thus, according to Lemma 4, $v(\xi, \eta, \zeta)$ is eight-times continuously differentiable on $\bar{U}_{0}$.

Let us assume that we succeeded in proving the inequalities

$$
\begin{array}{ll}
\mid D^{\alpha} v\left(R_{1}\right) \leqslant C_{1} V^{-1}, & |\alpha|=5,6 \\
\left|D^{\alpha} v\left(R_{2}\right)\right| \leqslant C_{2} V^{-1}, & |\alpha|=5,6 \\
\left|D^{\alpha} v\left(R_{4}\right)\right| \leqslant C_{3} V^{-1}, & |\alpha|=5 \tag{34}
\end{array}
$$

(Here and in the following text the symbols $C_{1}, \ldots, C_{21}$ denote absolute constants, i.e. constants independent on the function $w(x, y, z)$ and on the tetrahedron $\bar{U}$.) Let us consider the function

$$
g_{1}(s)=\left.v\right|_{\left\langle R_{4} S_{4}\right\rangle}
$$

$S_{4}$ being the center of gravity of the triangular face $R_{1} R_{2} R_{3}$. As the lengths of the segments $\left\langle R_{4} S_{4}\right\rangle$ and $\left\langle R_{4} R_{0}\right\rangle$ are equal to $11^{1 / 2} / 3$ and $11^{1 / 2} / 4$, respectively, it holds, according to (27)-(30), (34), and Lemma 2,

$$
\begin{aligned}
\left|g_{1}^{(10)}(s)\right| & \leqslant 3^{10}, \quad s \in\left(0,11^{1 / 2} / 3\right) \\
\left|g_{1}^{(j)}(0)\right| & \leqslant 3^{j / 2} C_{3} V^{-1}, \quad g_{1}^{(k)}\left(11^{1 / 2} / 4\right)=0 \\
\left|g_{1}^{(k)}\left(11^{1 / 2} / 3\right)\right| & \leqslant 3^{k} K_{1} V^{-k} \quad(j=0, \ldots, 5 ; k=0,1) .
\end{aligned}
$$

Using Lemma 1 we obtain

$$
\left|g_{1}(s)\right| \leqslant C_{4} V^{-1} \max \left(3^{5 / 2} C_{3}, 3 K_{1}\right)+11^{5} C_{5}, \quad s \in\left[0,11^{1 / 2} / 3\right]
$$

As $V^{-1}>1$ we can write, setting $C_{6}=C_{4} \max \left(3^{5 / 2} C_{3}, 3 K_{1}\right)+11^{5} C_{5}$,

$$
\begin{equation*}
|v(R)| \leqslant C_{6} V^{-1}, \quad R \in\left\langle R_{4} S_{4}\right\rangle \tag{35}
\end{equation*}
$$

Now, let $R$ be an arbitrary point of the interior of the triangle $R_{2} R_{4} S_{13}$, $S_{13}$ being the midpoint of the segment $\left\langle R_{1} R_{3}\right\rangle$. Let $R_{5}$ be the crossing point of the triangular face $R_{1} R_{3} R_{4}$ and the line determined by the points $R_{2}, R$. Let us consider the function

$$
g_{2}(s)=\left.v\right|_{\left\langle R_{2} R_{6}\right\rangle}
$$

It holds, according to (27) and Lemma 2,

$$
\left|g_{2}^{(10)}(s)\right| \leqslant 3^{10}, s \in(0, l)
$$

$l$ being the length of the segment $\left\langle R_{2} R_{5}\right\rangle$. Denoting by $l_{1}$ the distance between
$R_{2}$ and the crossing point of the segments $\left\langle R_{2} R_{5}\right\rangle$ and $\left\langle R_{4} S_{4}\right\rangle$ we can write with respect to (28), (30), (33), and (35):

$$
\begin{aligned}
& \left|g_{2}^{(i)}(0)\right| \leqslant 3^{j / 2} C_{2} V^{-1}, \quad\left|g_{2}\left(l_{1}\right)\right| \leqslant C_{6} V^{-1} \\
& \left|g_{2}^{(k)}(l)\right| \leqslant 3^{k} K_{1} V^{-k} \quad(j=0, \ldots, 6 ; k=0,1) .
\end{aligned}
$$

As $l<2^{1 / 2}$ we obtain by means of Lemma 1

$$
\begin{equation*}
|v(R)| \leqslant C_{7} V^{-1}, \quad R \in T, \tag{36}
\end{equation*}
$$

$T$ being the interior of the triangle $R_{2} R_{4} S_{13}$.
At the end, let $R$ be an arbitrary point of $U_{0}$. Denoting by $R^{\prime}$ the crossing point of the line $R_{1} R$ and the triangular face $R_{2} R_{3} R_{4}$ and considering the function $g_{3}(s)=\left.v\right|_{\left\langle R_{1} R^{\prime}\right\rangle}$ we can prove by means of (27), (28), (30), (32), (36), and Lemma 1 , similarly as in the case of the function $g_{2}(s)$, that it holds

$$
\begin{equation*}
|v(R)| \leqslant C_{8} V^{-1}, \quad R \in U_{0} . \tag{37}
\end{equation*}
$$

The estimates (27), (30), and (37) imply

$$
\begin{equation*}
\|v\|_{W_{2}^{(10)}\left(U_{0}\right)} \leqslant C_{9} V^{-1} . \tag{38}
\end{equation*}
$$

Making use of Lemma 4 we get from (38)

$$
\begin{equation*}
\left|D^{\alpha} v(\xi, \eta, \zeta)\right| \leqslant C_{10} V^{-1}, \quad|\alpha| \leqslant 8, \quad(\xi, \eta, \zeta) \in \bar{U}_{0} \tag{39}
\end{equation*}
$$

As $|J|=a_{1} b_{1} c_{1} V_{1} \geqslant a_{1} b_{1} c_{1} V, J$ being the Jacobian of the transformation (25), we get from (25)

$$
\begin{array}{lll}
|\partial \xi / \partial x|, & |\partial \xi / \partial y|, & |\partial \xi / \partial z| \leqslant a_{1}^{-1} V^{-1} \\
|\partial \eta / \partial x|, & |\partial \eta / \partial y|, & |\partial \eta / \partial z| \leqslant b_{1}^{-1} V^{-1}  \tag{40}\\
|\partial \zeta / \partial x|, & |\partial \zeta / \partial y|, & |\partial \zeta / \partial z| \leqslant c_{1}^{-1} V^{-1} .
\end{array}
$$

Expressing the function $w(x, y, z)$ in the form

$$
w(x, y, z)=M_{10} h^{10} v(\xi(x, y, z), \eta(x, y, z), \zeta(x, y, z))
$$

we obtain by means of (24), (39), and (40) the estimation (7).
To finish the proof it remains to prove the inequalities (32)-(34). Let $\bar{U}_{0}{ }^{\prime}$ be a tetrahedron lying inside $\bar{U}_{0}$ and having faces parallel to the faces of $\bar{U}_{0}$ in a distance $\delta$. Choosing $\delta$ sufficiently small it holds with respect to (30) and (31)

$$
\begin{array}{ll}
\left|D^{\alpha} v(R)\right| \leqslant \epsilon+3^{|\alpha| / 2} K_{1} V^{-|\alpha|}, & |\alpha| \leqslant 1, \\
\left|D^{\alpha} v \in(R)\right| \leqslant \epsilon+3^{|\alpha| / 2} K_{2}^{\prime}, U_{0}^{\prime}, & |\alpha| \leqslant 2,  \tag{42}\\
R \in\left\langle R_{i}^{\prime} R_{j}^{\prime}\right\rangle,
\end{array}
$$

$U_{0}{ }^{\prime}$ being the interior of $\bar{U}_{0}{ }^{\prime}$ and $R_{i}{ }^{\prime}(i=1, \ldots, 4)$ the vertices of $\bar{U}_{0}{ }^{\prime}$. Let us consider the functions

$$
g_{\alpha_{2} \alpha_{3}}(\xi)=\partial^{\alpha_{2}+\alpha_{3}} v /\left.\partial \eta^{\alpha_{2}} \partial \zeta^{\alpha_{3}}\right|_{\left\langle R_{1}{ }^{\prime} R_{2}^{\prime}\right\rangle}, \quad \alpha_{2}+\alpha_{3} \leqslant 2
$$

It holds, according to (27) and (42),

$$
\left|g_{\alpha_{2} \alpha_{3}}^{\left(10-\alpha_{2}-\alpha_{3}\right)}(\xi)\right| \leqslant 3^{5}, \quad\left|g_{\alpha_{2} \alpha_{3}}(\xi)\right| \leqslant \epsilon+3 K_{2}, \quad \xi \in[0, l]
$$

$l$ being the length of the segment $\left\langle R_{1}{ }^{\prime} R_{2}{ }^{\prime}\right\rangle$. Using Lemma 1 and letting $\epsilon \rightarrow 0+$ we obtain
$\left|D^{\alpha} v(\xi, 0,0)\right| \leqslant C_{11}, \quad \xi \in[0,1], \quad|\alpha|=5,6 ; \quad \alpha_{2}+\alpha_{3} \leqslant 2$.
Considering the functions $\partial^{\alpha_{1}+\alpha_{3}} v / \partial \xi^{\alpha_{1}} \partial \zeta^{\alpha_{3}}\left(\alpha_{1}+\alpha_{3} \leqslant 2\right)$ and $\partial^{\alpha_{1}+\alpha_{2}} v / \partial \xi^{\alpha_{1}} \partial \eta^{\alpha_{2}}$ ( $\alpha_{1}+\alpha_{2} \leqslant 2$ ) on the segments $\left\langle R_{1}{ }^{\prime} R_{3}{ }^{\prime}\right\rangle$ and $\left\langle R_{1}{ }^{\prime} R_{4}{ }^{\prime}\right\rangle$, respectively, we prove

$$
\begin{array}{lll}
\left|D^{\alpha} v(0, \eta, 0)\right| \leqslant C_{12}, & \eta \in[0,1], & |\alpha|=5,6 ;
\end{array} \alpha_{1}+\alpha_{3} \leqslant 2 ; ~ 子\left|C_{13}, \quad \zeta \in[0,1], \quad\right| \alpha \mid=5,6 ; \quad \alpha_{1}+\alpha_{2} \leqslant 2 .
$$

In the case $|\alpha|=5$ it remains to estimate the derivatives

$$
\begin{equation*}
D^{(2,2,1)} v\left(R_{1}\right), \quad D^{(2,1,2)} v\left(R_{1}\right), \quad D^{(1,2,2)} v\left(R_{\mathbf{1}}\right) \tag{46}
\end{equation*}
$$

Let us consider the function

$$
g_{4}(s)=\partial v /\left.\partial \zeta\right|_{\left\langle R_{1}{ }^{\prime} S_{23}^{\prime}\right\rangle}
$$

$S_{23}^{\prime}$ being the midpoint of the segment $\left\langle R_{2}{ }^{\prime} R_{3}{ }^{\prime}\right\rangle$. It holds, according to (27), (41), and Lemma 2,

$$
\left|g_{4}^{(9)}(s)\right| \leqslant 3^{10}, \quad\left|g_{4}(s)\right| \leqslant \epsilon+3 K_{1} V^{-1}, \quad s \in\left[0, l^{\prime}\right]
$$

$l^{\prime}$ being the length of the segment $\left\langle R_{1}{ }^{\prime} S_{23}^{\prime}\right\rangle$. Using Lemma 1 and letting $\epsilon \rightarrow 0+$ we obtain

$$
\begin{equation*}
\left|\partial^{5} v\left(R_{1}\right) / \partial s^{4} \partial \zeta\right| \leqslant C_{14} V^{-1} \tag{47}
\end{equation*}
$$

where $\partial v / \partial s$ is the derivative in the direction $\left(2^{1 / 2} / 2,2^{1 / 2} / 2,0\right)$. The estimates (43), (44), and (47) imply

$$
\left|D^{(2,2,1)} v\left(R_{1}\right)\right| \leqslant C_{15} V^{-1}
$$

with $C_{15}=5\left(C_{11}+C_{12}\right) / 6+2 C_{14} / 3$. The last two derivatives (46) can be estimated similarly by considering the functions $\partial v / \partial \eta$ and $\partial v / \partial \xi$ on the segments $\left\langle R_{1}{ }^{\prime} S_{24}^{\prime}\right\rangle$ and $\left\langle R_{1}{ }^{\prime} S_{34}^{\prime}\right\rangle$, respectively.

To prove (32) it remains to estimate the derivatives

$$
\begin{array}{lll}
D^{(3,3,0)} v\left(R_{1}\right), & D^{(3,0,3)} v\left(R_{1}\right), & D^{(0,3,3)} v\left(R_{1}\right) ; \\
D^{(3,2,1)} v\left(R_{1}\right), & D^{(2,3,1)} v\left(R_{1}\right) ; & \\
D^{(3,1,2)} v\left(R_{1}\right), & D^{(2,1,3)} v\left(R_{1}\right) ; & \\
D^{(1,3,2)} v\left(R_{1}\right), & D^{(1,2,3)} v\left(R_{1}\right) ; & \\
D^{(2,2,2)} v\left(R_{1}\right) . & & \tag{52}
\end{array}
$$

In the case of (48) we can manage it by considering the functions $\partial v / \partial \eta$, $\partial v / \partial \xi$, and $\partial v / \partial \zeta$ on the segments $\left\langle R_{1}{ }^{\prime} S_{23}^{\prime}\right\rangle,\left\langle R_{1}{ }^{\prime} S_{24}^{\prime}\right\rangle$, and $\left\langle R_{1}{ }^{\prime} S_{34}{ }^{\prime}\right\rangle$, respectively.

The derivatives (49) will be estimated simultaneously. Let us consider the functions

$$
g_{5}(s)=\partial v /\left.\partial \zeta\right|_{\left\langle R_{1}^{\prime} o_{23}^{\prime}\right\rangle}, \quad g_{6}(t)=\partial v /\left.\partial \zeta\right|_{\left\langle R_{1}^{\prime} Q_{23}^{b}\right\rangle}
$$

$Q_{23}^{\prime}$ and $Q_{23}^{\prime \prime}$ being the points which divide the segment $\left\langle R_{2}{ }^{\prime} R_{3}{ }^{\prime}\right\rangle$ into thirds. The inequalities (27) and (41) imply by means of Lemma 1

$$
\begin{equation*}
\left|\partial^{6} v\left(R_{1}\right) / \partial s^{5} \partial \zeta\right| \leqslant C_{18} V^{-1}, \quad\left|\partial^{6} v\left(R_{1}\right) / \partial t^{5} \partial \zeta\right| \leqslant C_{17} V^{-1} \tag{53}
\end{equation*}
$$

where $\partial v / \partial s$ and $\partial v / \partial t$ denote the derivatives in the directions $\left(2\left(5^{1 / 2} / 5\right)\right.$, $\left.5^{1 / 2} / 5,0\right)$ and ( $5^{1 / 2} / 5,2\left(5^{1 / 2} / 5\right), 0$ ), respectively. It follows from (43), (44), and (53)

$$
\left|D^{(3,2,1)} v\left(R_{1}\right)\right| \leqslant C_{18} V^{-1}, \quad\left|D^{(2,3,1)} v\left(R_{1}\right)\right| \leqslant C_{19} V^{-1} .
$$

The derivatives (50) and (51) can be estimated similarly.
Having estimated all derivatives $D^{\alpha} v\left(R_{1}\right)(|\alpha|=6)$ except for (52) we can derive

$$
\left|D^{(2,2,2)} v\left(R_{1}\right)\right| \leqslant C_{20} V^{-1}
$$

by considering the function $g_{7}(s)=\left.v\right|_{\left\langle R_{1} s_{1}\right\rangle}, S_{1}$ being the center of gravity of the triangular face $R_{2} R_{3} R_{4}$.

To derive (33) let us map the tetrahedron $\bar{U}_{0}$ by the transformation

$$
\begin{equation*}
\xi=1-\kappa-\lambda-\chi, \quad \eta=\lambda, \quad \zeta=\chi \tag{54}
\end{equation*}
$$

on the tetrahedron $\bar{U}_{1}$ lying in the Cartesian coordinate system $\kappa, \lambda, \chi$ and having the vertices $A_{1}(0,0,0), A_{2}(1,0,0), A_{3}(0,1,0)$, and $A_{4}(0,0,1)$. Defining the function

$$
u(\kappa, \lambda, \chi)=v(1-\kappa-\lambda-\chi, \lambda, \chi)
$$

and repeating the preceding considerations we obtain

$$
\begin{equation*}
\left|D^{\alpha} u\left(A_{1}\right)\right| \leqslant C_{21} V^{-1}, \quad|\alpha|=5,6 \tag{55}
\end{equation*}
$$

As the point $R_{2}$ is mapped by (54) on the point $A_{1}$ the estimation (55) implies (33). The estimation (34) can be obtained similarly. Theorem 1 is proved in the case $M_{10}>0$.

If $M_{10}=0$ then the inequality

$$
\left|D^{\alpha} w(x, y, z)\right| \leqslant \Delta, \quad|\alpha|=10, \quad(x, y, z) \in U
$$

holds for arbitrary $\Delta \geqslant 0$. Repeating the preceding proof with $M_{10}=\Delta>0$, where $\Delta$ is arbitrarily small, and letting $\Delta \rightarrow 0+$ we complete the proof of Theorem 1 .

## 5. Applications

Let $\Omega$ be a bounded simply or multiply connected domain in $E_{3}$ with the boundary $\Gamma$ consisting of a finite number of polyhedrons $\Gamma_{i}(i=0, \ldots, s)$; $\Gamma_{1}, \ldots, \Gamma_{s}$ lie inside of $\Gamma_{0}$ and do not intersect. Let $\mathfrak{M}$ be a set of a finite number of closed tetrahedrons having the following properties: (1) the union of all tetrahedrons is $\bar{\Omega}$; (2) two arbitrary tetrahedrons are either disjoint or have a common vertex or a common edge or a common face.

Let $N_{t}, N_{v}$, and $N_{f}$ be the total numbers of the tetrahedrons, of the vertices and of the triangular faces in the division $\mathfrak{M}$, respectively. The tetrahedrons of $\mathfrak{M}$ will be denoted by $\bar{U}_{i}\left(i=1, \ldots, N_{t}\right)$, the vertices by $P_{i}\left(i=1, \ldots, N_{v}\right)$ and the triangular faces by $\bar{T}_{i}\left(i=1, \ldots, N_{f}\right)$. The symbol $Q_{i}$ denotes now the center of gravity of the triangle $\bar{T}_{i}$. The normal $n_{i}$ to the face $\bar{T}_{i}$ is oriented according to the rule introduced in Section 2. The meaning of the symbols $Q_{j k}^{(1, s)}, \ldots, Q_{j k}^{(8, s)}$ is the same as in Section 2. The center of gravity of the tetrahedron $\bar{U}_{i}$ is denoted by $P_{0}^{(i)}$. Similarly as in Section 2 to each edge $P_{j} P_{k}$ there are prescribed two directions $s_{j k}, t_{j k}$ and to each normal $n_{i}$ two directions $s_{i}, t_{i}$.

Let there be prescribed at each point $P_{i}$ thirty-five values $D^{\alpha} f\left(P_{i}\right)(|\alpha| \leqslant 4)$, at each point $Q_{j k}^{(1,1)}$ two values $D_{j k}^{\beta} f\left(Q_{j k}^{(1,1)}\right)(|\beta|=1)$, at each point $Q_{j k}^{(r, 2)}$ three values $D_{j k}^{\beta} f\left(Q_{j k}^{(r, 2)}\right)(|\beta|=2)$, at each point $P_{0}^{(i)}$ four values $D^{\alpha} f\left(P_{0}^{(i)}\right)$ $(|\alpha| \leqslant 1)$ and at each point $Q_{i}$ one value $f\left(Q_{i}\right)$ and six values $D_{i}{ }^{\beta} \partial f\left(Q_{i}\right) / \partial n_{i}$ $\left(|\beta| \leqslant 2\right.$ ). Then on each tetrahedron $\bar{U}_{i}$ there is uniquely determined a polynomial of the ninth degree $p_{i}(x, y, z)$ and the following theorem holds.

Theorem 2. The function

$$
\begin{equation*}
g(x, y, z)=p_{i}(x, y, z), \quad(x, y, z) \in \bar{U}_{i} \quad\left(i=1, \ldots, N_{t}\right) \tag{56}
\end{equation*}
$$

is once continuously differentiable on the domain $\bar{\Omega}$.

Theorem 2 was proved in [5]. However, another proof of Theorem 2 follows immediately from Lemma 5 . Let the tetrahedrons $\bar{U}_{i_{1}}$ and $\bar{U}_{i_{2}}$ have the triangle $\bar{T}_{\lambda}$ as a common face. Let $P_{\rho}, P_{\sigma}, P_{\tau}$ be the vertices of $\bar{T}_{\lambda}$. Then the polynomial $p(x, y, z)=p_{i_{1}}(x, y, z)-p_{i_{2}}(x, y, z)$ satisfies all assumptions of Lemma 5 with $M_{10}=0$. Thus, according to (12),

$$
D^{\alpha} p_{i_{1}}(x, y, z)=D^{\alpha} p_{i_{2}}(x, y, z), \quad|\alpha| \leqslant 1, \quad(x, y, z) \in \bar{T}_{\lambda}
$$

Moreover, making use of Lemma 6 we can prove in the same way that the function (56) is twice continuously differentiable on the edges $\left\langle P_{j} P_{k}\right\rangle$ in the division $\mathfrak{M}$.

Let us denote the set of all functions of the type (56) by $G(\mathfrak{M})$. The set $G(M)$ is a finite-dimensional space with

$$
\operatorname{dim} G(\mathfrak{M})=35 N_{v}+7 N_{f}+4 N_{t}+8 N_{e}
$$

where the integers $N_{v}, N_{f}$, and $N_{t}$ are defined above and $N_{e}$ is the total number of the edges $\left\langle P_{j} P_{l_{c}}\right\rangle$ in the division $\mathfrak{M}$.

It is clear that $G(\mathfrak{M}) \subset W_{2}^{(2)}(\Omega)$. Thus we can use the functions of the type (56) as trial functions in the finite element procedure for solving threedimensional boundary value problems of elliptic equations of the fourth order. We restrict ourselves to the variational formulation of the problem.

Let $H \subset W_{2}^{(2)}(\Omega)$ be a real Hilbert space with the norm induced by $W_{2}^{(2)}(\Omega)$. Let $a(v, w)$ be a real bilinear form continuous on $H \times H$, i.e., a mapping $(v, w) \rightarrow a(v, w)$ from $H \times H$ into the field of real numbers which is linear in both $v$ and $w$ and bounded:

$$
\begin{equation*}
|a(v, w)| \leqslant M\|v\|_{W_{2}^{(2)}(\Omega)}\|w\|_{w_{2}^{(2)}(\Omega)}, \quad \forall v, w \in H \tag{57}
\end{equation*}
$$

where $M$ is a constant independent on $v, w$. Further, let the form $a(v, w)$ be symmetric,

$$
\begin{equation*}
a(v, w)=a(w, v), \forall v, w \in H \tag{58}
\end{equation*}
$$

and $H$-elliptic, i.e.,

$$
\begin{equation*}
a(v, v) \geqslant \kappa\|v\|_{W_{2}^{(2)}(\Omega)}^{2}, \quad \forall v \in H \tag{59}
\end{equation*}
$$

where $\kappa>0$ is a constant independent on $v$. Finally, let $L(v)$ be a linear functional continuous on $H$. Then (see [10]) there exists just one $u \in H$ such that

$$
\begin{equation*}
a(u, v)=L(v), \quad \forall v \in H \tag{60}
\end{equation*}
$$

It is well known that $u$ satisfies Eq. (60) if and only if $u$ minimizes sharply on $H$ the functional

$$
\begin{equation*}
F(v)=(1 / 2) a(v, v)-L(v) \tag{61}
\end{equation*}
$$

The space $H$ is determined by the stable homogeneous boundary conditions of the boundary value problem to which the given variational problem corresponds. In our case of tetrahedral elements we must restrict our considerations to such cases when the part $\Gamma^{\prime}$ of $\Gamma$ on which the stable boundary conditions are prescribed can be covered by a finite number of triangles. In this case we can choose the division $\mathfrak{M}$ in such a way that $\Gamma^{\prime}$ is a union of some triangular faces $\bar{T}_{i}$.

The approximate solution of the given variational problem is then defined as the function which minimizes the functional (61) on the space $G(\mathfrak{M}) \cap H$. ( $G(\mathfrak{M}) \cap H$ is the space of all functions of $G(\mathfrak{M}$ ) satisfying the stable boundary conditions in the classical sense.) It follows immediately from (59) that there exists just one function of this property.
Now, let $\left\{\mathfrak{M}_{h}\right\}$ be a set of divisions of $\bar{\Omega}$ into closed tetrahedrons with the following properties:

$$
\begin{equation*}
h \rightarrow 0, q_{h} \geqslant q_{0}>0, V_{h} \geqslant V_{0}>0, \tag{62}
\end{equation*}
$$

$h$ being the length of the largest edge in $\mathfrak{M}_{h}, q_{h}$ the smallest quantity (9) in $\mathfrak{M}_{h}$ and $V_{h}$ the smallest quantity (8) in $\mathfrak{M}_{h}$. Let $H_{h}=G\left(\mathfrak{M}_{h}\right) \cap H$ and $u_{h}$ be the approximate solution of the given variational problem on $H_{h}$. The following two convergence theorems hold.

Theorem 3. Under the assumptions (57)-(59) and (62) it holds

$$
\begin{equation*}
\lim _{h \rightarrow 0}\left\|u_{h}-u\right\|_{W_{2}^{(2)}(\Omega)}=0 \tag{63}
\end{equation*}
$$

$u$ being the exact solution of the given variational problem.
The proof of Theorem 3 goes in the same lines as the proof of the convergence theorem introduced in [11]; instead of [6, Theorem 3] we use Theorem 1. Further, Theorem 1 allows us to state a sufficient condition for the maximum rate of convergence.

Theorem 4. Let the conditions (57)-(59) and (62) be satisfied and the exact solution $u(x, y, z)$ have bounded derivatives of the tenth order in $\Omega$,

$$
\begin{equation*}
\left|D^{\alpha} u(x, y, z)\right| \leqslant M_{10}, \quad|\alpha|=10, \quad(x, y, z) \in \Omega . \tag{64}
\end{equation*}
$$

Then

$$
\begin{equation*}
\left\|u_{h}-u\right\|_{W_{2}^{(2)}(\Omega)} \leqslant C M_{10} h^{8} \tag{65}
\end{equation*}
$$

where the constant $C$ does not depend on the division $\mathfrak{M}$ and on the exact solution $u(x, y, z)$.

Proof. According to [12, p. 365], it holds

$$
\left\|u_{h}-u\right\|_{W_{2}^{(2)}(\Omega)} \leqslant M^{1 / 2} \kappa^{-1 / 2}\|u-v\|_{W_{2}^{(2)}(\Omega)}, \quad \forall v \in H_{h}
$$

Let $\varphi$ be the function from $H_{h}$ having the same values at the points $P_{i}$, $Q_{i k}^{(r, s)}, P_{0}^{(i)}, Q_{i}$ as the exact solution $u$. Making use of Corollary 1 we can state

$$
\|u-\varphi\|_{W_{2}^{(2)}(\Omega)} \leqslant C^{\prime} M_{10} h^{8}
$$

where the constant $C^{\prime}$ depends on $q_{0}, V_{0}$ and mes $\Omega$ only. As $\varphi \in H_{b}$ the last two inequalities imply the estimate (65). Theorem 4 is proved.

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